



**Last Sunday after The Epiphany**  
Lenten Pilgrimage Joint Service with The Lutheran Church of the  
Good Shepherd  
Sunday, March 2, 2025



ENTRANCE HYMN | The Church's One Foundation

Lutheran Book of Worship, No. 369

1 The Church's . . one foun - da - tion Is Je - sus Christ, her Lord;  
 2 E - lect from ev - 'ry na - tion, Yet one o'er all the earth;  
 3 Though with a scorn - ful won - der This world sees her op - pressed,  
 4 Through toil and trib - u - la - tion And tu - mult of her war,

She is his new cre - a - tion By wa - ter and the Word.  
 Her char - ter of sal - va - tion: One Lord, one faith, one birth.  
 By schisms . . rent a - sun - der, By her - e - sies dis - tressed.  
 She waits the con - sum - ma - tion Of peace for - ev - er - more:

From heav'n he came and sought her To be his ho - ly bride:  
 One ho - ly name she bless - es, Par - takes one ho - ly food,  
 Yet saints their watch are keep - ing; Their cry goes up: "How long?"  
 Till with the vi - sion glo - rious Her long - ing eyes are blest,

With his own blood he bought her, And for her life he died.  
 And to one hope she press - es With ev - 'ry grace en - dued.  
 And soon the night of weep - ing Shall be the morn of song.  
 And the great Church vic - to - rious Shall be the Church at rest.

OPENING ACCLAMATION

*Celebrant* Blessed be God: Creator, Redeemer, Sustainer.

*People* **And blessed be God's kingdom, now and forever. Amen.**

*Celebrant* Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid. Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Savior. **Amen.**

SONG OF PRAISE (8:00am)

Glory to God in the highest,  
and peace to his people on earth.

Lord God, heavenly King,  
almighty God and Father,  
we worship you, we give you thanks,  
we praise you for your glory.

Lord Jesus Christ, only Son of the Father,  
Lord God, Lamb of God,  
you take away the sins of the world:

have mercy on us;

you are seated at the right hand of the  
Father: receive our prayer.

For you alone are the Holy One,  
you alone are the Lord,  
you alone are the Most High,

Jesus Christ,  
with the Holy Spirit,  
in the glory of God the Father. Amen.

SONG OF PRAISE | I Sing the Almighty Power of God (10:30 am) *The Hymnal 1982*, No. 398

1 I sing the al-might - y power of God, that made the moun-tains rise,  
2 I sing the good-ness of the Lord, that filled the earth with food;  
3 There's not a plant or flower be - low, but makes thy glo - ries known;

that spread the flow - ing seas a - broad and built the lof - ty skies.  
he formed the crea-tures with his Word, and then pro-nounced them good.  
and clouds a - rise, and tem-pests blow, by or - der from thy throne;

I sing the wis - dom that or - dained the sun to rule the day;  
Lord, how thy won - ders are dis - played, wher - e'er I turn my eye,  
while all that bor - rows life from thee is ev - er in thy care,

the moon shines full at his com-mand, and all the stars o - bey.  
if I sur - vey the ground I tread, or gaze up - on the sky!  
and ev - ery-where that I could be, thou, God, art pres-ent there.

## THE COLLECT OF THE DAY

*Celebrant* God be with you.

*People* **And also with you.**

*Celebrant* Let us pray. O God, who before the passion of your only-begotten Son revealed his glory upon the holy mountain: Grant to us that we, beholding by faith the light of his countenance, may be strengthened to bear our cross, and be changed into his likeness from glory to glory; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

## THE READING FROM THE HEBREW BIBLE: Exodus 34:29-35 NRSVUE

*The people sit.*

<sup>29</sup> Moses came down from Mount Sinai. As he came down from the mountain with the two tablets of the covenant in his hand, Moses did not know that the skin of his face shone because he had been talking with God. <sup>30</sup> When Aaron and all the Israelites saw Moses, the skin of his face was shining, and they were afraid to come near him. <sup>31</sup> But Moses called to them, and Aaron and all the leaders of the congregation returned to him, and Moses spoke with them.

<sup>32</sup> Afterward all the Israelites came near, and he gave them in commandment all that the Lord had spoken with him on Mount Sinai. <sup>33</sup> When Moses had finished speaking with them, he put a veil on his face, <sup>34</sup> but whenever Moses went in before the Lord to speak with him, he would take the veil off until he came out, and when he came out and told the Israelites what he had been commanded, <sup>35</sup> the Israelites would see the face of Moses, that the skin of his face was shining, and Moses would put the veil on his face again until he went in to speak with him.

Hear what the Spirit is saying to the People  
**Thanks be to God.**

## GRADUAL PSALM | Psalm 99

*Remain seated. The Psalm is read responsively,  
by whole verse.*

<sup>1</sup>The Lord is king; let the peoples tremble!  
He sits enthroned upon the cherubim; let  
the earth quake!

<sup>2</sup>**The Lord is great in Zion;  
he is exalted over all the peoples.**

<sup>3</sup>Let them praise your great and awesome  
name. Holy is he!

<sup>4</sup>**Mighty King, lover of justice, you have  
established equity; you have executed  
justice and righteousness in Jacob.**

<sup>5</sup>Extol the Lord our God; worship at his  
footstool. Holy is he!

<sup>6</sup>**Moses and Aaron were among his  
priests, Samuel also was among  
those who called on his name.  
They cried to the Lord, and he answered  
them.**

<sup>7</sup>He spoke to them in the pillar of cloud;  
they kept his decrees and the statutes  
that he gave them.

<sup>8</sup>**O Lord our God, you answered them;  
you were a forgiving God to them  
but an avenger of their wrongdoings.**

<sup>9</sup>Extol the Lord our God,  
and worship at his holy mountain,  
for the Lord our God is holy.

**THE EPISTLE** | 2 Corinthians 3:12-4:2

NRSVUE

<sup>12</sup> Since, then, we have such a hope, we act with complete frankness, <sup>13</sup> not like Moses, who put a veil over his face to keep the people of Israel from gazing at the end of the glory that was being set aside. <sup>14</sup> But their minds were hardened. Indeed, to this very day, when they hear the reading of the old covenant, the same veil is still there; it is not unveiled since in Christ it is set aside. <sup>15</sup> Indeed, to this very day whenever Moses is read, a veil lies over their minds, <sup>16</sup> but when one turns to the Lord, the veil is removed. <sup>17</sup> Now the Lord is the Spirit, and where the Spirit of the Lord is, there is freedom. <sup>18</sup> And all of us, with unveiled faces, seeing the glory of the Lord as though reflected in a mirror, are being transformed into the same image from one degree of glory to another, for this comes from the Lord, the Spirit.

**4** <sup>1</sup> Therefore, since it is by God's mercy that we are engaged in this ministry, we do not lose heart. <sup>2</sup> We have renounced the shameful, underhanded ways; we refuse to practice cunning or to falsify God's word, but by the open statement of the truth we commend ourselves to the conscience of everyone in the sight of God.

Hear what the Spirit is saying to the People. **Thanks be to God.**

**SEQUENCE HYMN** | Christ Upon the Mountain Peak

*The Hymnal 1982, No. 129*

*All stand, as able.*

1 Christ up - on the moun - tain peak stands a - lone in  
2 Trem - bling at his feet we saw Mo - ses and E -  
3 Swift the cloud of glo - ry came. God pro - claim - ing  
4 This is God's be - lov - ed Son! Law and pro - phets

glo - ry blaz - ing; let us, if we dare to speak,  
li - jah speak - ing. All the pro - phets and the Law  
in its thun - der Je - sus as his Son by name!  
fade be - fore him; first and last and on - ly One,

with the saints and an - gels praise him. Al - le - lu - ia!  
shout through them their joy - ful greet - ing. Al - le - lu - ia!  
Na - tions cry a - loud in won - der! Al - le - lu - ia!  
let cre - a - tion now a - dore him! Al - le - lu - ia!

## THE HOLY GOSPEL | Luke 9:28-36 [37-43a]

NRSVUE

*Remain standing, as able.*

*Celebrant* The Holy Gospel of our Savior, Jesus Christ, according to Luke.

*People* **Glory to you, O Christ.**

<sup>28</sup> Now about eight days after these sayings Jesus took with him Peter and John and James and went up on the mountain to pray. <sup>29</sup> And while he was praying, the appearance of his face changed, and his clothes became as bright as a flash of lightning. <sup>30</sup> Suddenly they saw two men, Moses and Elijah, talking to him. <sup>31</sup> They appeared in glory and were speaking about his exodus, which he was about to fulfill in Jerusalem. <sup>32</sup> Now Peter and his companions were weighed down with sleep, but as they awoke they saw his glory and the two men who stood with him. <sup>33</sup> Just as they were leaving him, Peter said to Jesus, “Master, it is good for us to be here; let us set up three tents: one for you, one for Moses, and one for Elijah,” not realizing what he was saying. <sup>34</sup> While he was saying this, a cloud came and overshadowed them, and they were terrified as they entered the cloud. <sup>35</sup> Then from the cloud came a voice that said, “This is my Son, my Chosen; listen to him!” <sup>36</sup> When the voice had spoken, Jesus was found alone. And they kept silent and in those days told no one any of the things they had seen.

<sup>37</sup> On the next day, when they had come down from the mountain, a great crowd met him. <sup>38</sup> Just then a man from the crowd shouted, “Teacher, I beg you to look at my son; he is my only child. <sup>39</sup> Suddenly a spirit seizes him, and all at once he shrieks. It convulses him until he foams at the mouth; it mauls him and will scarcely leave him. <sup>40</sup> I begged your disciples to cast it out, but they could not.” <sup>41</sup> Jesus answered, “You faithless and perverse generation, how much longer must I be with you and put up with you? Bring your son here.” <sup>42</sup> While he was being brought forward, the demon dashed him to the ground in convulsions. But Jesus rebuked the unclean spirit, healed the boy, and gave him back to his father. <sup>43</sup> And all were astounded at the greatness of God.

*Celebrant* The Gospel of our Savior

*People* **Praise to you, O Christ.**



## EL SANTO EVANGELIO | Lucas 9:28-36 [37-43a]

*Dios Habla Hoy*

*Permanezca de pie, en la medida de lo posible.*

Santo Evangelio de Nuestro Señor Jesucristo según Lucas.

### ¡Gloria a ti, Cristo Señor!

<sup>28</sup> Unos ocho días después de esta conversación, Jesús subió a un cerro a orar, acompañado de Pedro, Santiago y Juan. <sup>29</sup> Mientras oraba, el aspecto de su cara cambió, y su ropa se volvió muy blanca y brillante; <sup>30</sup> y aparecieron dos hombres conversando con él. Eran Moisés y Elías, <sup>31</sup> que estaban rodeados de un resplandor glorioso y hablaban de la partida de Jesús de este mundo, que iba a tener lugar en Jerusalén. <sup>32</sup> Aunque Pedro y sus compañeros tenían mucho sueño, permanecieron despiertos, y vieron la gloria de Jesús y a los dos hombres que estaban con él. <sup>33</sup> Cuando aquellos hombres se separaban ya de Jesús, Pedro le dijo:

—Maestro, ¡qué bien que estemos aquí! Vamos a hacer tres chozas: una para ti, otra para Moisés y otra para Elías.

Pero Pedro no sabía lo que decía. <sup>34</sup> Mientras hablaba, una nube se posó sobre ellos, y al verse dentro de la nube tuvieron miedo. <sup>35</sup> Entonces de la nube salió una voz, que dijo: «Éste es mi Hijo, mi elegido: escúchenlo.»

<sup>36</sup> Cuando se escuchó esa voz, Jesús quedó solo. Pero ellos mantuvieron esto en secreto y en aquel tiempo a nadie dijeron nada de lo que habían visto.

<sup>37</sup> Al día siguiente, cuando bajaron del cerro, una gran multitud salió al encuentro de Jesús. <sup>38</sup> Y un hombre de entre la gente le dijo con voz fuerte:

—Maestro, por favor, mira a mi hijo, que es el único que tengo; <sup>39</sup> un espíritu lo agarra, y hace que grite y que le den ataques y que eche espuma por la boca. Lo maltrata y no lo quiere soltar. <sup>40</sup> He rogado a tus discípulos que le saquen ese espíritu, pero no han podido.

<sup>41</sup> Jesús contestó:

—¡Oh gente sin fe y perversa! ¿Hasta cuándo tendré que estar con ustedes y soportarlos? Trae acá a tu hijo.

<sup>42</sup> Cuando el muchacho se acercaba, el demonio lo tiró al suelo e hizo que le diera otro ataque; pero Jesús reprendió al espíritu impuro, sanó al muchacho y se lo devolvió a su padre. <sup>43</sup> Y todos se quedaron admirados de la grandeza de Dios.

El Evangelio del Señor.

**Te alabamos, Cristo Señor.**

**THE SERMON** | Mr. Joey Ager, Director of Evangelical Mission, Southwestern Synod ELCA



## A STATEMENT OF FAITH BASED ON GALATIANS 3:26-28

*All stand, as able.*

*Celebrant* Let us renew our pledge to work for unity, justice, and peace.

*People* We are all children of God.  
There is no longer Jew or Greek.  
There is no longer slave or free.  
There is no longer male and female.  
For we are all one.  
We believe Jesus lived for this and died for this.  
We pledge ourselves with God's help and the  
support of each other to make this become a reality.

## THE NICENE CREED

*All stand, as able.*

We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father;  
through him all things were made.

For us and for our salvation  
he came down from heaven,  
was incarnate of the Holy Spirit and  
the Virgin Mary and became truly  
human.

For our sake he was crucified under  
Pontius Pilate; he suffered death and  
was buried.

On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the  
Father.

He will come again in glory to judge  
the living and the dead,  
and his kingdom will have no end.

We believe in the Holy Spirit, the  
Lord, the giver of life,  
who proceeds from the Father [and  
the Son],  
who with the Father and the Son is  
worshiped and glorified,  
who has spoken through the  
prophets.

We believe in one holy catholic and  
apostolic Church.

We acknowledge one baptism for the  
forgiveness of sins.

We look for the resurrection of the  
dead,  
and the life of the world to come.  
Amen.



## PRAYERS OF THE PEOPLE

*Remain standing.*

*Deacon* Christ appeared to the apostles in the brilliance of heavenly light. Let us pray that his glory may illumine our hearts, as we offer our prayers, responding, “Hear us, God of glory.”

That we may be receptive to the power of the Divine Word to transform our lives, reorder our thoughts, give us truer vision, and deepen our desire for God’s truth; for this we pray. **“Hear us, God of glory.”**

That we may find in law and prophecy the inheritance of our ancestors, and the freedom to move from the mountaintops of our experience into the marketplace of daily life; for this we pray. **“Hear us, God of glory.”**

That as our faith increases, our thoughts and actions may reflect interior transfiguration, and our charity be extended to the poor, the hungry, the outcast, and all for whom our Lord Christ came to give his life; for this we pray. **“Hear us, God of glory.”**

That God’s loving embrace may uphold and sustain those we hold in our thoughts, especially all who have commended themselves to our prayers for this we pray. **“Hear us, God of glory.”**

In thanksgiving for our common journey in the faith, that we who have received the Word made flesh may embark on the holy road of Lent, and rejoice together in the Paschal mystery to come; for this we pray. **“Hear us, God of glory.”**

In thanksgiving for the Body of Christ, and the Cup of Salvation; may it be for us a foretaste of Christ’s heavenly banquet which the faithful departed now enjoy; for this we pray. **“Hear us, God of glory.”**

That Sean, our Presiding Bishop, Phil, Bishop of this diocese, Elizabeth, Presiding Bishop of the ELCA, Richard, bishop of the Southwestern Synod, and all who exercise episcopal oversight may live into their office as chief pastors, teachers, and celebrants of the sacraments; for this we pray. **“Hear us, God of glory.”**

In the Anglican Cycle of Prayer, we pray this week for the Anglican Church of Burundi.

In the Diocesan Cycle of Prayer, we pray this week for Trinity, Seattle, and Apostles (COTA), Seattle.

May the light of Christ be revealed through us, as we continue our prayers, either silently or aloud.

*The clergy add concluding Collects.*



## CONFESSION OF SIN

*The Deacon or Celebrant says*

Let us confess our sins against God and our neighbor.

**Most merciful God,  
we confess that we have sinned against you  
in thought, word, and deed,  
by what we have done,  
and by what we have left undone.  
We have not loved you with our whole heart;**

**We have not loved our neighbors as  
ourselves.  
We are truly sorry and we humbly repent.**

**For the sake of our Savior Jesus Christ,  
Have mercy on us and forgive us;  
That we may delight in your will,  
And walk in your ways,  
To the glory of your Name, Amen.**

*The Pastor stands and says,*

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

## THE PEACE

*All stand, as able.*

*Celebrant* The peace of Christ be always with you.

*People* **And also with you.**

## ANNOUNCEMENTS AND THANKSGIVINGS

### THE INVITATION

*This is the table, not of the church but of Jesus Christ. It is made ready for those who love Jesus and who want to love him more. Come, you who have much faith and you who have little; you who have been here often and you who have not been for a long time or ever before. Come, you who have tried to follow and you who have failed. Come, not because the Church invites you; it is Christ, and he invites you to meet him here. (From the Iona Community, adapted)*

All are invited and encouraged to come forward to receive communion or a blessing. To receive the bread, extend your hands and a piece of bread will be placed in your palm. (Gluten-free bread is available. Just say, “gluten-free”.) To receive the wine, help the chalice bearer guide the chalice to your lips and sip. To maintain health and safety, we ask that bread not be dipped into the chalice. To receive a blessing, please cross your arms across your chest, and the priest will bless you.

### BIRTHDAY PRAYER

Watch over your children, O God, as their days increase; bless and guide them wherever they may be. Strengthen them when they stand; comfort them when discouraged or sorrowful; raise them up if they fall; and in their heart may your peace which passes understanding abide all the days of their life; through Jesus Christ our Lord. **Amen**

### ANNIVERSARY PRAYER

O God, you have so consecrated the covenant of marriage that in it is represented the spiritual unity between Christ and his Church: Send therefore your blessing upon these your servants, that they may continue to so love, honor and cherish each other in faithfulness and patience, in wisdom and true godliness, that their home may continue to be a haven of blessing and peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, on God, now and forever. **Amen.**

OFFERTORY ANTHEM | This Little Light of Mine

Arr. Howard Helvey

Combined choirs of the  
Lutheran Church of the Good Shepherd & St. John | San Juan Episcopal  
Nickolas Carlson – Director | Steve O'Connor – Director

OFFERTORY HYMN | Ye Watchers and Ye Holy Ones

*The Hymnal 1982, No. 618*

*Unison*



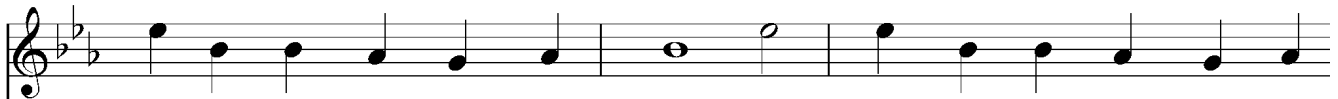
1 Ye watch - ers and ye ho - ly ones, bright ser - a - phs, cher - u -  
2 O high - er than the cher - u - bim, more glo - rious than the  
3 Re - spond, ye souls in end - less rest, ye pa - tri - archs and  
4 O friends, in glad - ness let us sing, su - per - nal an - thems

*Harmony*

*Unison*



bim, and thrones, raise the glad strain, Al - le - lu - ia! Cry  
ser - a - phim, lead their prais - es, Al - le - lu - ia! Thou  
pro - phets blest, Al - le - lu - ia, al - le - lu - ia! Ye  
ech - o - ing, Al - le - lu - ia, al - le - lu - ia! To



out, do - min - ions, prince - doms, powers, vir - tues, arch - an - gels, an - gels'  
bear - er of the e - ter - nal Word, most gra - cious, mag - ni - fy the  
ho - ly twelve, ye mar - tyrs strong, all saints tri - um - phant, raise the  
God the Fa - ther, God the Son, and God the Spi - rit, Three in

*Harmony*



choirs, Al - le - lu - ia, al - le - lu - ia, al - le -  
Lord, Al - le - lu - ia, al - le - lu - ia, al - le -  
song, Al - le - lu - ia, al - le - lu - ia, al - le -  
One, Al - le - lu - ia, al - le - lu - ia, al - le -

*Unison*



lu - ia, al - le - lu - ia, al - le - lu - ia!  
lu - ia, al - le - lu - ia, al - le - lu - ia!  
lu - ia, al - le - lu - ia, al - le - lu - ia!  
lu - ia, al - le - lu - ia, al - le - lu - ia!

# THE GREAT THANKSGIVING

*The People remain standing.*

*Celebrant* The Lord be with you.

*People* **And also with you.**

*Celebrant* Lift up your hearts.

*People* **We lift them to the Lord.**

*Celebrant* Let us give thanks to the Lord our God.

*People* **It is right to give our thanks and praise.**

*Celebrant* It is truly right, and good and joyful, to give you thanks, all-holy God, source of life and fountain of mercy. You have filled us and all creation with your blessing and fed us with your constant love; you have redeemed us in Jesus Christ and knit us into one body. Through your Spirit you replenish us and call us to fullness of life.

Therefore, joining with Angels and Archangels and with the faithful of every generation, we lift our voices with all creation as we sing:

## SANCTUS

*Wonder, Love & Praise, No. 858*

Ho - ly, ho - ly, ho - ly Lord, God of power and  
might, heaven and earth are full of your glo - ry. Ho -  
san - na in the high - est. \* Bless - ed is he who comes  
in the name of the Lord. Ho - san - na in the  
high - est. Ho - san - na in the high - est.

Blessed are you, gracious God, creator of the universe and giver of life. You formed us in your own image and called us to dwell in your infinite love. You gave the world into our care that we might be your faithful stewards and show forth your bountiful grace. But we failed to honor your image in one another and in ourselves; we would not see your goodness in the world around us; and so we violated your creation, abused one another, and rejected your love. Yet you never ceased to care for us, and prepared the way of salvation for all people.

Through Abraham and Sarah you called us into covenant with you. You delivered us from slavery, sustained us in the wilderness, and raised up prophets to renew your promise of salvation. Then, in the fullness of time, you sent your eternal Word, made mortal flesh in Jesus. Born into the human family, and dwelling among us, he revealed your glory. Giving himself freely to death on the cross, he triumphed over evil, opening the way of freedom and life.

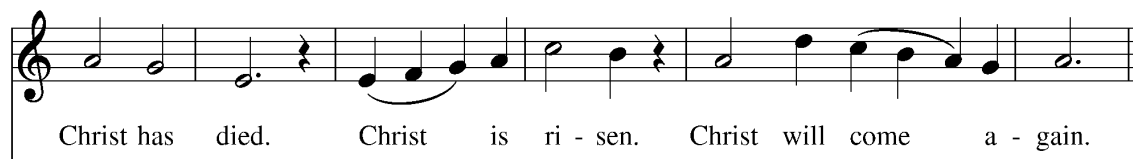
On the night before he died for us, Our Savior Jesus Christ took bread, and when he had given thanks to you, he broke it, and gave it to his friends, and said: "Take, eat: This is my Body which is given for you. Do this for the remembrance of me."

As supper was ending, Jesus took the cup of wine, and when he had given thanks, he gave it to them, and said: "Drink this, all of you: This is my Blood of the new Covenant, which is poured out for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, we proclaim the mystery of faith:

### MEMORIAL ACCLAMATION

*Wonder, Love & Praise, No.860*

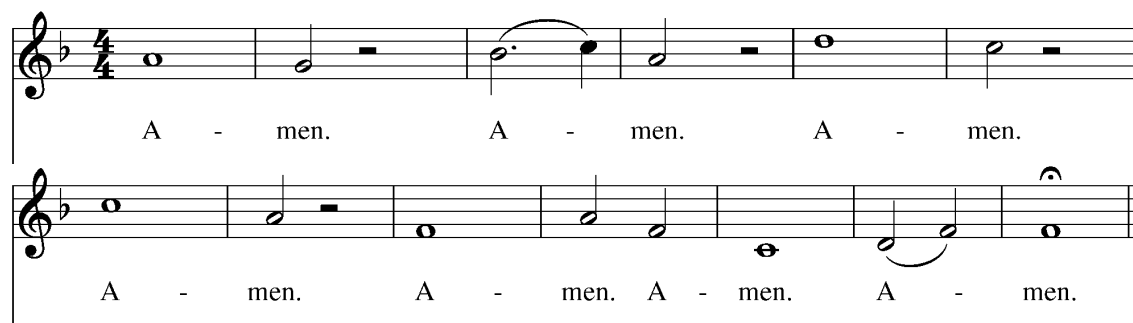


Remembering his death and resurrection, we now present to you from your creation this bread and this wine. By your Holy Spirit may they be for us the Body and Blood of our Savior Jesus Christ. Grant that we who share these gifts may be filled with the Holy Spirit and live as Christ's Body in the world. Bring us into the everlasting heritage of your daughters and sons, that with the Blessed Virgin Mary, St. John the Baptist, St. John the Apostle, all your saints, past, present, and yet to come, we may praise your Name for ever.

Through Christ and with Christ and in Christ,  
in the unity of the Holy Spirit,  
to you be honor, glory, and praise,  
for ever and ever. **Amen.**

### GREAT AMEN

*Wonder, Love & Praise, No. 863*



## THE LORD'S PRAYER

*The Celebrant continues*

And now, as our Savior Christ has taught us,  
we are bold to say:

**Our Father, who art in heaven,  
hallowed be thy Name,  
thy kingdom come,  
thy will be done, on earth as it is in heaven.**

**Give us this day our daily bread.**

**And forgive us our trespasses,  
as we forgive those who trespass against  
us.**

**And lead us not into temptation,  
but deliver us from evil.**

**For thine is the kingdom,  
and the power, and the glory,  
forever and ever. Amen.**

## EL PADRE NUESTRO

*El Celebrante continúa*

Y ahora, como nuestro Salvador Cristo nos ha  
enseñado, nos atrevemos a decir:

**Padre nuestro que estás en el cielo,  
santificado sea tu Nombre.**

**venga tu reino, hágase tu voluntad, en  
la tierra como en el cielo.**

**Danos hoy nuestro pan de cada día.**

**Perdona nuestras ofensas,  
como también nosotros perdonamos a  
los que nos ofenden.**

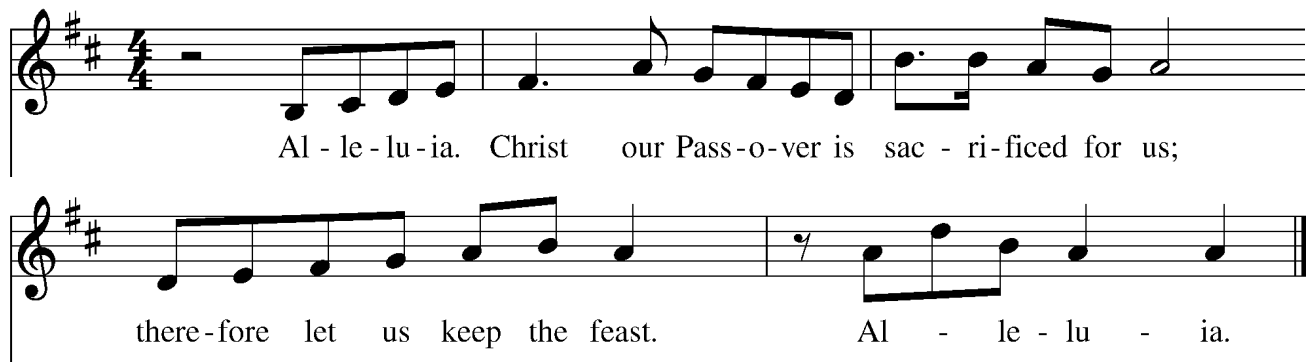
**No nos dejes caer en tentación  
y líbranos del mal.**

**Porque tuyo es el reino,  
tuyo es el poder, y tuya es la gloria,  
ahora y por siempre. Amén.**

## THE BREAKING OF THE BREAD

### FRACTION ANTHEM

*Wonder, Love & Praise, No. 865*



Al - le - lu - ia. Christ our Pass - o - ver is sac - ri - ficed for us;  
there - fore let us keep the feast. Al - le - lu - ia.

The Gifts of God for the People of God.  
Holy Food for Holy People.



COMMUNION HYMN | Bind Us Together

With One Voice, No. 748

*Refrain*  
F Dm Gm

Bind us to - geth - er, Lord, bind us to - geth - er with cords that  
 can - not be bro - ken. Bind us to - geth - er, Lord,  
 bind us to - geth - er, Lord; bind us to - geth - er in love.

1 There . . is on - ly one God. There . . is on - ly one King.  
 2 You are the fam-'ly of God. You are the prom-ise di - vine.

F C7 F F C7 F  
 There . . is on - ly one Bod-y; that . . is why we can sing:  
 You are God's cho-sen de - sire, you are the glo-rious new wine.

COMMUNION HYMN | Make Us One

Celebration Hymnal, No. 418

*Unison*

*Introduction* Make us one, Lord, make us  
 one; Ho-ly Spir - it, make us one. Let Your  
 love flow so the world will know we are one in You.

1 Let us build a house where love can dwell and all can safe-ly—  
 live, a place where saints and chil - dren tell how—  
 hearts learn to for - give; built of hopes and dreams and  
 vi - sions, rock of faith and vault of grace; here the  
 love of Christ shall end di - vi - sions: All are wel - come,  
 all are wel - come, all are wel - come in this place.

- |   |   |
|---|---|
| <p>2. Let us build a house where prophets speak,<br/>             and words are strong and true,<br/>             where all God's children dare to seek<br/>             to dream God's reign anew.<br/>             Here the cross shall stand as witness<br/>             and as symbol of God's grace;<br/>             here as one we claim the faith of Jesus:</p> | <p>4. Let us build a house where hands will reach<br/>             beyond the wood and stone<br/>             to heal and strengthen, serve and teach,<br/>             and live the Word they've known.<br/>             Here the outcast and the stranger<br/>             bear the image of God's face;<br/>             let us bring an end to fear and danger:</p>                 |
| <p>3. Let us build a house where love is found<br/>             in water, wine and wheat:<br/>             a banquet hall on holy ground,<br/>             where peace and justice meet.<br/>             Here the love God, through Jesus,<br/>             is revealed in time and space,<br/>             as we share in Christ the feast that frees us:</p>         | <p>5. Let us build a house where all are named,<br/>             their songs and visions heard<br/>             and loved and treasured, taught and claimed<br/>             as words within the Word.<br/>             Built of tears and cries and laughter,<br/>             prayers of faith and songs of grace,<br/>             let this house proclaim from floor to rafter:</p> |



*Unison*



1. We are one in the Spir - it; we are one in the Lord.  
 2. We will walk with each oth - er; we will walk hand in hand.  
 3. We will work with each oth - er; we will work side by side.  
 4. All praise to the Fa - ther, from whom all things come.



We are one in the Spir - it; we are one in the Lord.  
 We will walk with each oth - er; we will walk hand in hand.  
 We will work with each oth - er; we will work side by side.  
 And all praise to Christ Je - sus, His on - ly Son.



And we pray that all u - ni - ty may one day be re - stored.  
 And to - geth - er we'll spread the news that God is in our land.  
 And we'll guard each one's dig - ni - ty and save each one's pride.  
 And all praise to the Spir - it, who makes us one.

☐ *Refrain*



And they'll know we are Chris - tians by our love, by our love.



Yes, they'll know we are Chris - tians by our love.

**POST-COMMUNION PRAYER**

*After Communion, the Presider says*

Let us pray.


Almighty and everliving God,  
 we thank you for feeding us with the  
 spiritual food  
 of the most precious Body and Blood  
 of your Son our Savior Jesus Christ;  
 and for assuring us in these holy  
 mysteries  
 that we are living members of the Body  
 of Christ, and heirs of your eternal  
 kingdom.

And now, send us out  
 to do the work you have given us to do,  
 to love and serve you  
 as faithful witnesses of Christ our Savior.  
 To him, to you, and to the Holy Spirit,  
 be honor and glory, now and for ever.  
 Amen.


**BLESSING**

*The Priest blesses the people, who respond saying*

Amen.




1 Al - le - lu - ia! sing to Je - sus! his the  
 \*2 Al - le - lu - ia! not as or - phans are we  
 3 Al - le - lu - ia! bread of Hea - ven, Thou on  
 4 Al - le - lu - ia! King e - ter - nal, thee the  
 \*5 Al - le - lu - ia! sing to Je - sus! his the



1 scep - ter, his the throne; Al - le - lu - ia! his the  
 2 left in sor - row now; Al - le - lu - ia! he is  
 3 earth our food, our stay! Al - le - lu - ia! here the  
 4 Lord of lords we own: Al - le - lu - ia! born of  
 5 scep - ter, his the throne; Al - le - lu - ia! his the




1 tri - umph, his the vic - to - ry a - lone; Hark! the  
 2 near us, faith be - lieves, nor ques - tions how: though the  
 3 sin - ful flee to thee from day to day: In - ter -  
 4 Ma - ry, earth thy foot - stool, heaven thy throne: thou with -  
 5 tri - umph, his the vic - to - ry a - lone; Hark! the



1 songs of peace - ful Zi - on thun - der like a  
 2 cloud from sight re - ceived him, when the for - ty  
 3 ces - sor, friend of sin - ners, earth's Re - deem - er,  
 4 in the veil hast en - tered, robed in flesh, our  
 5 songs of ho - ly Zi - on thun - der like a



1 might - y flood; Je - sus out of ev - ery  
 2 days were o'er, shall our hearts for - get his  
 3 plead for me, where the songs of all the  
 4 great High Priest: thou on earth both Priest and  
 5 might - y flood; Je - sus out of ev - ery



1 na - tion hath re - deemed us by his blood.  
 2 prom - ise, "I am with you ev - er - more?"  
 3 sin - less sweep a - cross the crys - tal sea.  
 4 Vic - tim in the eu - cha - ris - tic feast.  
 5 na - tion hath re - deemed us by his blood.

## DISMISSAL

*The Deacon dismisses the people, who respond saying*

**Thanks be to God. Alleluia! Alleluia!**

**POSTLUDE** | Fantasie

J.F. Dandrieu (1682-1738)

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**OUR PRAYERS ARE ASKED FOR** • Maria Sobel • Cecilia Brenna, Michael Brenna & Family • Roberta Wright • Laurie Young • Ben • Robert M. Brader • Michelle Hanely-Brown • Scott Schultz • Chace Kenneth • Shirley Towner, Mother of Melissa Minjares, Grandmother of Max Minjares • Beth Rockwell • Christie Guydish • Lois Williams • Jenny Louden •

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**WE PRAY FOR MEMBERS AND FRIENDS SERVING IN THE ARMED SERVICES** • Quinn Herner and the Wyoming 2-300<sup>th</sup> deployed Army Guard • Ruby Edwards • Christopher Hagen • Brett Johnson • Jon Kidder • Simon Kidder • Jessie Leonard • Lissy Slezak • Richie Raini

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**LAND ACKNOWLEDGEMENT** • St. John | San Juan honors and acknowledges the indigenous peoples who have stewarded this land since time immemorial and who still inhabit the area today, the Steh-Chass Band of the Squaxin Island Tribe.

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**WORSHIP LEADERS** • The Rev. Dr. Janet Waggoner and Pastor Carol Tomer *Presiders* • Mr. Joey Ager, Director for Evangelical Mission *Preacher* • The Rev. Jaime Case *Associate Priest* • The Rev. Bergen Eickhoff *Assisting Pastor* • The Rev. Gen Grewell (10:30) *Deacon* • George Lamb, Linda Lamb, *Communion Servers* • Kathryn Ness (8:00) Bob LeRoy (10:30) *Eucharistic Ministers* • Hannah Tauriainen, John Masterson • Ruth Holmes and Terry Estergard *Element Bearers* • Tim Tayne (8:00) Melissa Minjares, Fawn Hacker (10:30) *Lectors* • Tim Tayne *Audio/Visual Tech* • Dee Irons, Anne Hall, Bill Van Hook *Altar Guild* • Cathie Guthrie, George Guthrie, Bob Kerrigan, Steve Masini *Ushers*

**The Rev. Dr. Janet Waggoner, Rector**  
**The Rev. Jaime Case, Associate Priest**  
**The Rev. Gen Grewell, Deacon**  
**The Rev. Terri Lolcama, Deacon**  
**Steve O'Connor, Director of Music**  
**Anna Okrasinski-Maddox, Parish Administrator**  
**Jonathen Brown, Sexton**



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## WORSHIP TODAY

- **GODLY PLAY**, our Christian formation program for children, begins during the procession. All children are invited to follow the small cross to the **GODLY PLAY** atrium to encounter today's Bible story and then engage in that story (or other Bible stories) through art, play, etc. The **GODLY PLAY** atrium is at the end of the long hall (past the parish hall and restrooms). **GODLY PLAY** participants rejoin the worship service during the Peace and announcements so that we can all take Communion together.
- Ushers will pass offering plates to collect your tithes and offerings. Please put your offering in the envelope in the pew rack in front of you. Please mark the envelope either **LUTHERAN** or **EPISCOPALIAN**. Unmarked offerings will be donated to the Thurston County Food Bank.
- For parents who would like to take a break from parenting during the 10:30 a.m. worship service, we have certified nursery workers who tend babies and young children. They're in the nursery down at the end of the long hall, past the parish hall and the restrooms, next to the **GODLY PLAY** room.

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## MORE ABOUT TODAY . . .

**ADULT FORUM – 9:30-10:15 am – Sanctuary** – Pastor Carol and Rev. Janet will lead a conversation about the meaning of pilgrimage and the journey we're embarking on together in the season of Lent.

**CHAT (COFFEE HOUR AFTER TEN-THIRTY) – Parish Hall** – We enjoy gathering for coffee after every worship service – and with finger foods after 10:30 a.m. worship. Please stay for a cup of coffee and some socializing before we spend the next five Sundays worshipping in each other's sanctuaries.

**DURING CHAT . . . – Library** – St. John | San Juan's Library Ministry hosts an **artist of the quarter**. Bob Peck will be available before and after the 10:30 am service this Sunday, March 2, to answer questions about his soapstone carvings, pottery, sketches, writing, and building of wooden boats.

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## THIS WEEK

**SJSJ's Centering Prayer Group – every Thursday – 12:00 noon – 1:00 pm – Guild Room** – In addition to weekly centering prayer, the group hosts a weekly centering prayer book study on the first Thursday of each month from 10:00 am – 12:00 noon. This Thursday, March 6, the group will be discussion chapters 7 (“gratitude”) and 8 (“the golden rule”) from Karen Armstrong's book *Sacred Nature*. All are welcome!

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## SAVE THE DATE

### ASH WEDNESDAY SERVICES – Wednesday, March 5

**7:00 a.m. – Chapel and Zoom**

**Noon and 7 p.m. – Church**

All three services are traditional Ash Wednesday observances with imposition of ashes and Eucharist. (NOTE: Sadly, there will be no FAT TUESDAY pancake supper this year . . . if you're interested in helping to lead the pancake supper in 2026, please contact Rev. Janet at [janet@stjohnsoly.org](mailto:janet@stjohnsoly.org))

**COMMUNION INSTRUCTION** – On Sunday, April 6, our 10:30 a.m. worship service will include a celebration of First Communion / Communion Renewal. Communion Instruction will be held in a two-part series of classes after the 10:30 a.m. worship service on Sunday, March 9, and Sunday, March 23. These classes are for YOU if –

- You have questions about what Episcopalians believe about the Holy Eucharist as a sacrament
- You have never taken communion or have ceased to take communion for a time
- Your child was baptized but has been waiting to receive communion

Rev. Janet will lead these two classes. If you have questions or want to register for these classes, please contact Rev. Janet at [janet@stjohnsoly.org](mailto:janet@stjohnsoly.org).

**Sunday March 23, 2025, 3 p.m.**, The SJSJ concert series resumes with The Lute Legends Collective, an ensemble that performs the music of ancient plucked string instruments. Though the oud, lute, pipa, and others, each instrument with a distinct set of techniques and sounds, collective members unite their instruments onstage in a cross-traditional musical experiment. Learn more here: <https://lutelegends.com/>

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## HOW TO STAY IN TOUCH

**Our website**, [www.stjohnsoly.org](http://www.stjohnsoly.org), has information on activities and programs at SJSJ and links to the live stream and archive of worship services, and worship bulletins.

**Our Facebook page** will keep you updated on coming events, ministry opportunities and more. Find us at <https://www.facebook.com/stjohnsolympia>

**The Messenger** is the SJSJ weekly newsletter. If you would like to receive it, please fill out the blue card found in the rack in the pew in front of you. The Messenger has loads of information on what's happening around the Parish, a calendar of events, and information on ways to contact clergy, the Pastoral Care Ministry team, and more.

**If you experience a pastoral care emergency, contact:**

**Rev. Janet by text or phone at (360) 358-2041**

**Rev. Jaime by text or phone at (360) 606-4285**

**If you or a loved one would like to be added to the prayer list or to report an illness, hospitalization, surgery or death, please contact the office (360) 352-8527 to leave a message.**

### **Office Hours**

Tuesday through Friday  
10:00am to 2:00pm  
360-352-8527

#### **Sunday – March 2**

9:00 am Forum  
6:00 pm Spanish Service

#### **Monday – March 3**

6:00 pm Capital City AA (Parish Hall)

#### **Tuesday – March 4**

1:00 pm Executive Committee of the Vestry  
(Online)  
2:00 pm Sufi Meditation Group  
6:00 pm Nar-Anon Meeting (Guild Room)  
6:00 pm Brotherhood of St. Andrew (Library)

#### **Wednesday – March 5**

7:00 am Eucharistic Service  
Join Zoom Meeting  
<https://zoom.us/j/96777259503>  
Meeting ID: 967 7725 9503  
4:00 pm Guided Conversations  
6:00 pm Buddhist Meditation Group (Guild Rm)  
6:30 Choir Rehearsal (Sanctuary)

#### **Thurs. – March 6**

10:00 am Centering Prayer Book Study (Guild Room)  
12:00 pm Centering Prayer (Guild Room)  
6:00 pm Capital City AA (Parish Hall)

#### **Friday – March 7**

6:00 pm AA 12 Step Study Group (Guild Room)

#### **Saturday – March 8**

9:00 am Saturday Men's Group (Chapel)  
4:00 pm Holy Wisdom Meeting (Parish Hall)

Please note that voice mail messages left on the church office telephone after 2:00 pm will not be picked up until the following day at 10:00 am. Messages left on Friday after 2:00 pm will not be picked up until 10:00 am on Tuesday.

*For pastoral emergencies, please contact the Rev. Janet by text or phone at 360-358-2041 or the Rev. Jaime Case by text or phone at 360-606-4285.*

### **Church Leadership Vestry**

#### **Joby Winans**

Senior Warden  
[joby@stjohnsoly.org](mailto:joby@stjohnsoly.org)

#### **George Guthrie**

Junior Warden  
[geogu3@yahoo.com](mailto:geogu3@yahoo.com)

#### **Tom Loranger**

Treasurer  
[tom@stjohnsoly.org](mailto:tom@stjohnsoly.org)

#### **Fawn Hacker**

Clerk  
[fawn@stjohnsoly.org](mailto:fawn@stjohnsoly.org)

Sue Anderson  
Angelica Diaz  
Anne Hall  
Radigan Lander  
Jenny Louden  
Flor Rivas  
Andre Unicume

#### **Staff**

#### **Rev. Dr. Janet C. Waggoner, Rector**

[janet@stjohnsoly.org](mailto:janet@stjohnsoly.org)  
360-358-2041 (cell)

#### **Rev. Jaime Case, Associate Priest, Hispanic Ministry**

[jaime@stjohnsoly.org](mailto:jaime@stjohnsoly.org)

#### **Rev. Gen Grewell, Deacon**

[gen@stjohnsoly.org](mailto:gen@stjohnsoly.org)

#### **Rev. Terri Lolcama, Deacon**

[tlolcama@gmail.com](mailto:tlolcama@gmail.com)

#### **Steve O'Connor, Director of Music**

[steve@stjohnsoly.org](mailto:steve@stjohnsoly.org)

#### **Anna Okrasinski-Maddox, Parish Administrator**

[anna@stjohnsoly.org](mailto:anna@stjohnsoly.org)

#### **Jonathen Brown, Sexton**

[jonathen@stjohnsoly.org](mailto:jonathen@stjohnsoly.org)

# Lenten Pilgrimage

2025



## WHAT IS IT?

St. John | San Juan is partnering with The Lutheran Church of The Good Shepherd to share in worship during the Lenten Season, as well as swapping sanctuaries during five Sunday morning services. The goal of this pilgrimage together is to build empathy and deeper partnerships.

## JOINT WORSHIP (ALL ARE WELCOME!)

Sunday, March 2 at 10:30 am: Transfiguration Sunday at **St. John | San Juan**

Thursday, April 17 at 7:00 pm: Maundy Thursday at **St. John | San Juan**

Friday, April 18 at 7:00 pm: Good Friday at **Good Shepherd**

Sunday, April 27 at 10:00 am: Second Sunday of Easter at **Good Shepherd**

## LENTEN SWAP SUNDAYS

**Each congregation will worship at their usual Sunday worship time, in the other church's sanctuary.**

March 9, 16, 23, 30

April 6

